

Phase 2—"Go Walk" Y = available N= Not available

Y	Apple Users Group
N	ARC Singers
N	ARC Music Group JAM
Y	Billiards
N	Bridge
N	Bridge for Beginners
N	Bunco
N	Canasta
N	Canasta Hand/ Foot/Toe
Y	Ceramics
Y	Charity Sewers
Y	Clay/Pottery
Y	Coffee Time outside
Y	Corn Hole
Y	Dance Club
N	DP Garden Club
N	Dominos
Y	Gift Shoppe
Y	Glass Arts
Y	Happy Hour on Zoom only
Y	Home Arts
Y	Jewelry Crafters
Y	Library

N	Mah Jongg
Y	Painter's Studio
N	Pinochle
N	Puzzle Corner closed Borrowing Okay
Y	Quilters
Y	Readers Round Table
Y	Roots Genealogy
Y	Stained Glass
N	Social Area
N	Vets/American Legion Board meeting
Y	Women's Club Board
N	Women's Club Regular Meeting
Y	Woodshop
Y	Writer's Group
Y	Aqua Aerobics outdoor only
N	Aqua Arthritis
Y	Bocce Ball
Y	Boot Camp Outdoor only
Y	Cycling
N	Hearing Checks
Y	Hiking
Y	Horse shoes

N	Line Dancing
N	Massage \$
Y	Chair Fitness
N	Personal Training \$
Y	Pickleball no parties or tournaments
Zoom	Rejuvenate Your Mind and Body
You Tube	Safe and Strong
Y	Swing Fusion
Y	Table Tennis
N	Tai Chi
You tube	Total Body Conditioning
N	TOPS
N	Water Volleyball
Y	Yoga
You tube	Nidra Yoga
Zoom	Zumba Gold TM Outside and Zoom

No additional indoor fitness classes until COVID-19 case numbers are reduced.
Fitness Center Open
Masks and reservation required

Revised November 2020

Ahwatukee Recreation Center

Reopening the ARC during COVID-19 pandemic

Phase 2 "Go Walk"
Policies may be revisited
as needed



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Activities & Amenities Available

see list—page 8

- Pickle ball
- Outdoor pool and furniture
- You Tube and Zoom fitness classes
- Fitness Classes in Main Hall 6 feet separation required
- Outdoor activities and fitness classes ok
- Bldg C Mon—Fri 9 AM to noon and 1 PM to 5 PM
Social distancing required and enforced by individual clubs
- Communicate about indoor fitness classes requiring own mats or equipment and masks required for participation in indoor fitness activities.

Front Desk & Lobby

- Provide masks/gloves
- Steer people to website forms
- Social membership sales okay
- Control the maximum number of members in Building A and B to 50.
- Signage at entrance about restricted capacity

Ahwatukee Recreation Center Phase 2 - "Go Walk" Reopening ARC during COVID-19 pandemic

Objective: Allow gatherings where 6 feet of social distancing can easily be practiced.

Trigger: State of AZ approves groups up to 50 people inside. Decisions will be made in keeping with the State of Arizona And the City of Phoenix regulations.

Duration: 3 to six months depending on Arizona statistics.

Risk Management: Observe State and Local Guidelines and make adjustments accordingly.

Staffing Impacts/Concerns

- Protect vulnerable employees
- Remote work for office employees and/or rotating in office schedules
- Provide protective items: masks, gloves, hand sanitizer

Mitigation:

- **Require 6 ft social distancing and temperature checks at entry**
- **Masks required indoors, including fitness activities**
- Maximum number of people in the Main Building and Building B will be 49
- No guests/visitors/children
- No coffee bar or popcorn
- No events
- Office space restricted to employees only
- Any ARC event that involves group travel i.e. bus trips, airlines etc. requires COVID-19 Liability Release and self-quarantine from using ARC facility for up to 14 days following member's return from travel event
- Gift Shoppe open to guests and visitors if accompanied by an ARC member in and out of the Gift Shoppe
- Food brought to ARC for meetings should be packaged as individual servings and consumed outside due to masks being required while inside the facility
- Men and women's restrooms in lobby and locker rooms open
- Locker rooms close at 8 PM Mon—Saturday and 6 PM on Sunday
- Hot tub open—2 people max at one time

Facility Impacts/Concerns

- Reduce Hours of Operations

Ahwatukee Recreation Facility

Mon– Sat 6:30 AM—9 PM

Sunday 9 AM—7 PM

Fitness Area Hours

Mon—Sat 6:30 AM—11:30 AM

1 PM—9 PM

Sundays 9 AM—6:30 PM

Building C Hours

Mon –Friday 6:30AM—noon

and 1 PM to 5 PM

Saturdays 9 AM—noon

- Frequent cleaning
- Multipurpose meeting room near the library available for max of 4 people who are engaging in social separation.
- Boardroom and Arizona Room closed to meetings
- Arizona Room reserved for use by Library for book organization
- Provide gloves, masks and hand sanitizer
- Library open
- Outdoor lounge sets uncovered
- No Main Hall rentals
- Capacity is posted for each individual room in Building C