

Y	Apple Users Group
Y	ARC Singers
Y	ARC Music Group JAM
Y	Billiards
Y	Bridge
Y	Bridge for Beginners
Y	Bunco
Y	Canasta
Y	Canasta Hand/ Foot/Toe
Y	Ceramics
Y	Charity Sewers
Y	Clay/Pottery
Y	Coffee Time
Y	Corn Hole
Y	Dance Club
Y	DP Garden Club
Y	Dominos
Y	Glass Arts
Y	Happy Hour
Y	Home Arts
Y	Jewelry Crafters
Y	Mah Jongg

Y	Painter’s Studio
Y	Pinochle
Y	Puzzle Corner
Y	Quilters
Y	Readers Round Table
Y	Roots Genealogy
Y	Stained Glass
Y	Vets/American Legion Board meeting
Y	Women’s Club Board
Y	Women’s Club Regular Meeting
Y	Woodshop
Y	Writer’s Group
Y	Aqua Aerobics
Y	Aqua Arthritis
Y	Bocce Ball
Y	Boot Camp
Y	Cycling
Y	Hearing Checks
Y	Hiking
Y	Horse shoe

Y	Line Dancing
Y	Massage \$
Y	Musical Chair Fitness
Y	Personal Training \$
Y	Pickleball
Y	Pilates
Y	Rejuvenate Your Mind and Body
Y	Safe and Strong
Y	Stretch Fusion
Y	Table Tennis
Y	Tai Chi
Y	Total Body Conditioning
Y	TOPS
Y	Water Volleyball
Y	Yoga—chair
Y	Yoga-gentle
Y	Yoga-intermediate
Y	Yoga-stretch
Y	Yoga-healthy back
Y	Nidra Yoga
Y	Zumba Gold TM

Not for Public Distribution

Ahwatukee Recreation Center

Reopening the ARC during
COVID-19 pandemic

Phase 3— “Run”
for Board of Directors Review
Policies may be revisited
as needed



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Activities & Amenities Available

see list page 8

Event considerations and concerns in Fall

Large Venues—consider our population of vulnerable people and possibly restrict events until the end of the year and/or events that bring in non-members.

- Revisit policies when members return from other states that may still have high infection rates.
- Possible events impacted through end of 2020
 - Halloween Dance—October
 - Entertainers Fall Dinner and meeting—November
 - Entertainer’s show in November
 - Arts and Crafts Fair—November—brings in the public
 - Thanksgiving Dinner—non members attend
 - Dance—November
 - Jingle Bell Jam—December—non members attend
 - Ahwatukee Foothills Band—December—non members attend
 - New Years Eve—December

Front Desk & Lobby

- keep desk area clear of crowds—no standing around at the Front Desk
- provide masks/gloves

Staffing Impacts/concerns

- Protect vulnerable employees
- Employees return to work for regular schedules
- continue to protect vulnerable staff

Ahwatukee Recreation Center Phase 3— “Run” Reopening ARC during COVID-19 pandemic

Objective: Continue to provide activities and fitness for members while practicing infection control. Keep within State of Arizona guidelines.

Trigger: When low infection rates in Arizona are sustained for 4 weeks move into Phase 3

Duration: Trigger to allow large social events will be churches, venues, sports, restaurants open without social distancing recommended

Risk Mitigation: At any time the infection rates go up from a stable state, revert back to a previous phase.

Phase 3 of the Opening Up America Again Guidelines:

Vulnerable individuals no longer have to stay at home but should **practice social distancing and minimize their exposure** to social settings where distancing may not be practical.

Low-risk populations should minimize their time spent in crowded environments. Employers can allow their workers to return to work in phase three. Visits to senior care facilities and hospitals can resume, but those who interact with residents and patients must maintain high standards of hygiene.

Large venues, like movie theaters and sports venues, can operate under limited physical distancing protocols. Bars can operate with increased standing room occupancy.

Mitigation:

- Regular hours
- Require 6ft social distancing
- Provide gloves and masks
- Travel events at your own risk

Facility Impacts/Concerns

- Frequent cleaning all surfaces
- Fitness Aerobics room—members encouraged to bring own mats
- Meeting rooms open and cleaned frequently