

Y	Apple Users Group
N	ARC Singers
Y	ARC Music Group JAM
Y	Billiards
N	Bridge
N	Bridge for Beginners
N	Bunco
N	Canasta
N	Canasta Hand/Foot/Toe
Y	Ceramics
Y	Charity Sewers
Y	Clay/Pottery
N	Coffee Time
N	Corn Hole
Y	Dance Club
N	DP Garden Club
N	Dominos
Y	Glass Arts
N	Happy Hour
Y	Home Arts
Y	Jewelry Crafters
N	Mah Jongg

Y	Painter's Studio
N	Pinochle
N	Puzzle Corner
Y	Quilters
Y	Readers Round Table
Y	Roots Genealogy
Y	Stained Glass
Y	Vets/American Legion Board meeting
Y	Women's Club Board
Y	Women's Club Regular Meeting
Y	Woodshop
Y	Writer's Group
Y	Aqua Aerobics
Y	Aqua Arthritis
Y	Bocce Ball
Y	Boot Camp
Y	Cycling
N	Hearing Checks
Y	Hiking
Y	Horse shoes

N	Line Dancing
N	Massage \$
Y	Musical Chair Fitness
N	Personal Training \$
Y	Pickleball
Y	Pilates
You tube	Rejuvenate Your Mind and Body
N	Safe and Strong
N	Stretch Fusion
Y	Table Tennis
You	Tai Chi
N	Total Body Conditioning
Y	TOPS
N	Water Volleyball
Y	Yoga—chair
Y	Yoga-gentle
Y	Yoga-intermediate
Y	Yoga-stretch
Y	Yoga-healthy back
You tube	Nidra Yoga
You tube	Zumba Gold TM

Not for Public Distribution

Ahwatukee Recreation Center

Reopening the ARC during
COVID-19 pandemic

Phase 2 "Go Walk"
for Board of Directors Review
Policies may be revisited
as needed



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Activities & Amenities Available

see list—page 8

- Pickle ball
- outdoor pool and furniture
- You Tube fitness classes
- Fitness Classes in Main Hall 6 feet separation required
- Aqua aerobics outside pool—limited # in class
- Outdoor activities ok
- Bldg C open but social distancing required to be enforced by individual clubs: Wood shop, stained glass, lapidary, face masks and gloves to be used
- Communicate about fitness classes requiring own mats or equipment

Events Canceled due to social distancing requirements

Gatherings of 50+ people

Happy Hour

June 7 Activities Committee Trivia night

June 14—American Legion Flag Day

June 18—Ahwatukee Foothills Band Rehearsal

June 23—Travel Bus Trip to Payson—Mazatal Casino

June 25- Ahwatukee Foothills Band concert

June 27—Hale Theater show

July 4—Support the Troops food and show

Aug 9—Activities Committee Event

Front Desk & Lobby

- Provide masks/gloves
- steer people to website forms
- no social membership applications
- no membership pictures and cards made
- control the maximum number of 49 members in ARC at any one time
- Signage at entrance about restricted capacity

Staffing Impacts/Concerns

- Reduced hours
- Protect vulnerable employees
- Remote work for office employees and/or rotating in office schedules
- provide protective items masks, gloves, gel sanitizer packets

Ahwatukee Recreation Center Phase 2 - “Go Walk” Reopening ARC during COVID-19 pandemic

Objective: Allow gatherings where 6 feet of social distancing can easily be practiced.

Trigger: State of AZ approves groups up to 50 people. Decisions will be made in keeping with the State of Arizona regulations.

Duration: 3 to six months depending on Arizona statistics.

Risk Management: If there is an upward trend in cases in Arizona, revert back to Phase 1—”Go Lite.”

Phase Two of the Opening Up America Again Guidelines
reference: www.whitehouse.gov

During phase two, **vulnerable individuals should continue to stay at home. Individuals should continue to social distance, but social settings of more than 50 people, where appropriate distancing may not be practical, should be avoided** unless precautionary measures are observed.

Non-essential travel can resume. Employers should continue to encourage their employees to work remotely, **should keep common areas closed. Employers should strongly consider special accommodations for personnel who are members of the vulnerable population.** In phase two, schools, daycare centers, and camps can reopen, and bars can open with reduced standing-room occupancy.

Mitigation:

- Reduce Hours of Operations
Mon—Sat 7 AM—7 PM
Sunday 9 AM—7 PM
- Require 6ft social distancing
- Reduce # of people in facility at any one time to maximum of **49**
- No guests/visitors/children
- Encourage use of gloves and masks for non-fitness activities
- No gatherings of more than **49** people and 6 ft of social distancing is adhered to strictly.
- Close off common areas:
 - Meeting Rooms open to only 4 people at a time
 - Social area— one person at a table at one time
- No coffee bar, popcorn, ice
- Events for more than 49 people canceled
- Some fitness and group games and meetings canceled
- Office space restricted to employees only
- Employees able to work from home

Facility Impacts/Concerns

- Frequent cleaning
- Men and women's room in lobby and locker rooms open
- locker rooms open
- Stack chairs in closed common areas
- Multipurpose room available for max of 4 people who are engaging in social separation. Boardroom and Arizona Room Closed.
- Provide gloves, masks and hand sanitizer packets
- Hot tub/spa open—2 people max at one time
- Library open
- Outdoor lounge sets uncovered
- No Main Hall rentals