

Ahwatukee Recreation Center

Phase 1B – Transition

BOD Approval: June 25, 2020

Executive Order 2020-43: June 29, 2020

❖ **Revisions to approved plan noted in yellow highlight**

Objective: Open additional services at the ARC while protecting the health of the ARC members and employees through personal protection equipment, social distancing and sanitation measures.

Trigger: COVID-19 active cases decline for a minimum of two (2) weeks in Maricopa County as recorded on the State of Arizona COVID-19 Dashboard.

<https://www.azdhs.gov/preparedness/epidemiology-disease-control/infectious-disease-epidemiology/covid-19/dashboards/index.php>

Confirmed Cases by Day; Select Maricopa

Risk Management: After Phase 1B has been initiated, if an upward trend in COVID-19 cases occurs over a period of three (3) continuous days the ARC will temporarily suspend:

- Any service that brings together groups of more than ten (10) people at a single activity/event.
- Activities and events in Building C or any area of the ARC where the ARC is not able to successfully complete contact tracing documentation.

All suspended activities will resume after a minimum of two (2) continuous weeks of declining cases in Maricopa County recorded on the State of Arizona COVID-19 Dashboard cited above..

Contact Tracing Documentation: In the event an ARC member who uses the facility or any member of the ARC staff contracts COVID-19, it is the ARC's ethical responsibility to notify anyone who was in contact with this person of their possible exposure to the virus. The ARC currently uses a reservation system and the Aurora card entry system to collect data on who has visited the ARC and what parts of the facility they visited.

The ARC will continue documentation for contact tracing purposes. It is strongly recommended that card readers are immediately installed at the Pickleball Courts and at the entry doors of Building C to assist with this collection of data.

COVID-19 Mitigation and ARC Staffing: The staff is the most valuable resource for the Ahwatukee Recreation Center. If any member of the staff is experiencing symptoms of COVID-19 or comes into contact with someone with COVID-19:

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- The employee must immediately go home and refrain from being present at the ARC facility.
- All employees who have been in direct contact with the sick employee must go home and refrain from being present at the ARC facility.
- The area at the ARC property where the employee worked must be closed off for a 24 hour time period. After 24 hours this area must be cleaned and sanitized.
- The employee cannot return to work for fourteen (14) days or until the employee has been cleared by testing negative for COVID-19.
- All ARC employees and members who were in contact with this individual must be contacted and informed of a possible or confirmed exposure to COVID-19.

Note: Illness by a member of the staff could result in a temporary closure if the employee worked in an area critical to the operations of the ARC (i.e. front desk, lobby). Members and staff cannot occupy any contaminated area until it has been thoroughly cleaned and sanitized.

COVID-19 Mitigation and ARC Members: If any member who visits the ARC contracts COVID-19 the ARC will follow the CDC guidelines:

- Close off all areas used by the sick person.
- Wait 24 hours before cleaning and disinfecting the area.
- Clean and disinfect the entire area.

Guests and Visitors: Guests, visitors and children are not allowed to use the ARC.

Personal Protection Equipment: The ARC asks everyone entering the ARC to respect the following guidelines:

- Wear a face mask upon entering any of the ARC buildings. If an individual does not have a face covering, one will be given to him/her by the Front Desk attendant.
- Maintain six feet of separation from other members and ARC staff.
- Do not loiter in the lobby, the locker rooms or any other “indoor” area on the ARC grounds.
- Do not drop off books, puzzles, etc. The ARC is not accepting any donations inside of the facility.
- Stand in front of the glass barrier when conversing with the Front Desk attendant.
- Anyone who is ill or experiencing signs of illness must refrain from entering the ARC and/or participating in ARC activities.

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- Gloves are available at the Front Desk for anyone wishing to take advantage of this extra level of personal protection.

Signs are posted throughout the ARC reminding members:

- Vulnerable individuals should continue to stay at home.
- **Use the ARC at your own risk.**

ARC Services: The availability of the following services is subject to a decline in the number of new cases as reported for Maricopa County on the state of Arizona COVID-19 dashboard. **Services noted below are subject to the expiration of Executive Order 2020-43.**

June 22, 2020 The 1 hour limit on use of the outdoor pool is expanded to allow members to enjoy the pool for longer duration of time.

July 6, 2020: Aqua Fitness Classes resume in the Outdoor Pool. Members are responsible for bringing their own aqua fitness equipment. Note: Classes will be scheduled as instructors become available to resume teaching a regularly scheduled class at the ARC.
Monday to Saturday at 8:30 AM
Monday and Wednesday at 6:00 PM

After two (2) weeks of continuous decline in new cases as reported for Maricopa County on the state of Arizona COVID-19 dashboard.

- Cardio and weight machines in Building B are available for member use. Members are responsible for bringing their own mats, bands, and small personal equipment. It is every member's responsibility to wipe down every machine they utilize before and after use with the disinfecting wipes provided in Building B.
- Table Tennis resumes in the Main Hall Extension. Table Tennis must adhere to the safety measures this club submitted to the Activities Desk.
- Fitness classes are offered in the Main Hall. Members are responsible for bringing their own mats and fitness equipment. Classes are limited to 14 participants to allow for 6 feet of separation during class. All classes are 45 minutes in duration. Note: Classes will be scheduled as instructors become available to resume teaching a regularly scheduled class at the ARC.
Monday to Saturday at 8:00 AM
Monday to Saturday at 10:00 AM

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Facility Cleaning: The ARC maintenance staff will follow a strict cleaning and sanitization schedule. Cleaning and sanitization schedules will be posted for each area addressed in a block of time. Each “block” will require staff to sanitize the Lobby, Building A Restrooms, Building B Locker rooms, Indoor and Outdoor Pool areas, Pickleball Courts and Outdoor Areas. Areas will be serviced mid-morning, noontime, mid-afternoon and end of day. Cleaning responsibility will expand to the Cardio/Stretch rooms, Main Hall and Extension as these services are reintroduced to the members.

The ARC Front Desk Staff will continue to clean and sanitize their work area before and after each shift. They will also continue to clean and sanitize all door handles, handicap accessible buttons, and rails.

Building C: After two (2) weeks of continuous decline in new cases as reported for Maricopa County on the state of Arizona COVID-19 dashboard, Building C may reopen. The following items must be addressed in Building C:

- Hand sanitizing stations must be installed in each of the four activity rooms in Building C.
- A sustainable supply of hand sanitizing wipes must be secured for each of the four activity rooms in Building C.
- All members using Building C must wear a mask. They must also practice staying six feet apart from other members at all times
- (Suggested) Card readers are installed at each entrance into Building C.
- (Suggested) The drinking fountain is replaced with a bottle fill station.

Social Areas: After the number of new COVID-19 cases has a continuous declined for two (2) consecutive weeks, the social area may be available for members to enjoy. The social area will be configured to allow for 6 feet of separation. At this time, members will be allowed to:

- Access the Billiards Area – must bring their own pool balls and sticks.
- Access the Library – can remove books but cannot drop off book donations
- Access the Puzzle Area – can remove puzzles but cannot drop off puzzles

All sign-in books and pens have been removed from the social areas. In order to respond to requirements of the Travel Club, the Travel Book is the only book that will be available for members to access in the Social Area of Building A.