

N	Apple Users Group
N	ARC Singers
N	ARC Music Group JAM
N	Billiards
N	Bridge
N	Bridge for Beginners
Y	Lawn Bowling outdoors
N	Bunco
N	Canasta
N	Canasta Hand/Foot/Toe
N	Ceramics
N	Charity Sewers
N	Clay/Pottery
N	Coffee Time
N	Corn Hole
N	Dance Club
N	DP Garden Club
N	Dominos
N	Glass Arts
N	Happy Hour
N	Home Arts
N	Jewelry Crafters
N	Mah Jongg

N	Painter's Studio
N	Pinochle
N	Puzzle Corner
N	Quilters
N	Readers Round Table
N	Roots Genealogy
N	Stained Glass
N	Vets/American Legion
N	Women's Club Board
N	Women's Club Regular Meeting
N	Woodshop
N	Writer's Group
N	Aqua Aerobics
N	Aqua Aerobics
N	Building C cardio, assisted weights, free weights
Y	Bocce Ball
N	Boot Camp
N/A	Cycling
N	Hearing Checks
Y	Horse shoes

N	Line Dancing
N	Massage \$
N	Musical Chair Fitness
N	Personal Training \$
Y	Pickleball
N	Pilates
Y	Pools indoor and outdoor
You tube	Rejuvenate Your Mind and Body
N	Safe and Strong
N	Stretch Fusion
N	Table Tennis
N	Tai Chi
N	Total Body Conditioning
N	TOPS
N	Water Volleyball
N	Yoga—chair
N	Yoga-gentle
N	Yoga-intermediate
N	Yoga-stretch
N	Yoga-healthy back
You tube	Nidra Yoga
You tube	Zumba Gold TM

Not for Public Distribution

Ahwatukee Recreation Center

Reopening the ARC during COVID-19 pandemic

Phase 1 - "Go Lite"
for
Board of Directors review
Policies may be revisited
as needed



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Staffing Impacts/concerns

- Reduced hours
- Protect vulnerable employees
- Remote work for office employees and/or rotating in office schedules

Activities & Amenities Available

- Pickle ball
- Outdoor pool and furniture
- YouTube fitness classes
- locker rooms
- Indoor pool max 4 people
- Indoor pool garage door open continuously

Events Cancelled

Gatherings of 10+ people

Happy Hour

May Dance

May Women's Club Lunch

May Y OPUS volunteer lunch

May 18 AFFAN lunch

May 30 Entertainer's Swing Memories Band

Facility Impacts/Concerns

- **Open only to allow pass through to outdoor pool—no indoor visit/drop offs to front desk**
- Frequent cleaning
- Men and women's room in lobby and locker rooms open
- Outdoor pool furniture—frequent sanitization
- Bldg B cardio and weights not available
- Meeting rooms locked/chairs removed or stacked
- Social Area—closed
- Hot tub/spa closed
- Library closed
- Outdoor furniture sets covered
- Building C closed

Front Desk & Lobby

- Require interaction at 6 feet of separation
- Provide masks/gloves
- Steer people to website forms
- No social membership applications
- Control the maximum number members in ARC at any one time to 10 or less
- Signage at entrance about restricted capacity
- No concierge services (copies, faxing, club folders, package drop or pickup)
- No coffee bar, popcorn, ice

Ahwatukee Recreation Center Phase 1 - “Go lite” Reopening ARC during COVID-19 pandemic

Objective: Open ARC while still protecting health of members and employees and practicing social distancing and extreme sanitation measures.

Trigger: Governor opens pools, spas for business and AZ COVID-19 active cases decline for a minimum of 2 weeks. Contingent on the State of Arizona regulations.

Duration of Phase: Minimum of 4 weeks

Risk Management: If upward trend in AZ for virus over a continuous period of 3 days, close ARC for a minimum of 2 weeks until downward trajectory of cases in AZ occurs.

Opening Up America Again:

reference: www.whitehouse.gov

Before beginning the three-phase process, Federal Government recommends that the states must meet the following criteria:

- A downward trajectory of influenza-like illnesses and COVID-19 cases reported within a 14-day period
and
- A downward trajectory of documented cases or positive tests as a percent of total tests, within a 14-day period or downward trajectory of positive tests as a percent of total tests within a 14 day period. (flat or increasing volume of tests)
- Hospitals are treating patients without crisis care and have a robust testing program in place for at-risk healthcare workers, including emerging antibody testing.

Once states meet these criteria, Federal Government recommends that they begin the first stage of lifting the lockdown.

Phase One of the Opening Up America Again Guidelines

(continued)

When a state enters phase one, according to the guidelines, individuals should continue to social distance when in public, and **social settings of more than 10 people should be avoided.**

Individuals should minimize non-essential travel, and follow the Centers for Disease Control and Prevention (CDC) guidelines regarding self-isolating following travel. **Vulnerable individuals should continue to stay at home** and members of their households should be aware that returning to work where distancing isn't practical risks passing on the coronavirus to the vulnerable person. The guidelines define vulnerable people as "elderly individuals, individuals with serious underlying health conditions, including high blood pressure, chronic lung disease, diabetes, obesity, asthma, and those whose immune system is compromised such as by chemotherapy for cancer and other conditions requiring such therapy."

Employers should continue to encourage their employees to work remotely, when possible, and return to work in phases. Additionally, employers should close common areas, minimize non-essential travel, **and consider special accommodations for vulnerable employees.** During phase one, schools, daycare centers, and camps should remain closed, and **visits to senior living homes** and hospitals should be prohibited. Large venues, like dine-in restaurants, movie theaters, sports venues can reopen under strict physical distancing protocols. **Gyms can reopen if they adhere to strict physical distancing and sanitation protocols,** but bars should remain closed. Additionally, elective surgeries can resume on an outpatient basis at facilities that adhere to Centers for Medicare and Medicaid Services (CMS) guidelines.

Mitigation:

- Reduce Hours of Operations
Mon—Sat 7 AM—7PM Sun 9 AM—7 PM
- Require 6 feet social distancing
- Reduce # of people in facility at any one time to maximum of 10.
- No guests/visitors/children
- Provide gloves and masks
- Close off non-sanctioned areas:
 - Bldg C
 - Main Hall + Extension
 - Kitchens— no ice, popcorn, coffee bar
 - Meeting Rooms—chairs stacked
 - Social area—chairs stacked
- Meetings/events for more than 10 people canceled
- Common areas closed
- Fitness and group games and meetings suspended
- Office space restricted to employees only
- No entrance to lobby by any member who is not using outdoor pool or pickleball
- Staff has the authority to ask individuals to leave:
 - should someone enter the ARC for purposes other than to visit the pool or pickleball courts
 - who disrespect the rules in place during this phase
 - are showing signs of illness